



Webside score t1n.co

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Scoren er **53/100**



SEO Indhold

	Titel	<p>Best Fitness Training Center in Tampa, FL T1nfitness</p> <p>Længde : 54</p> <p>Perfekt, din titel indeholder mellem 10 og 70 bogstaver.</p>								
	Beskrivelse	<p>Looking for Best Fitness Training Center & Fitness Trainer in Tampa, FL? Check out our 300+ Succesful Transformation Journey. T1nFitness offers 1on1 Personal, Group Fitness Training.</p> <p>Længde : 186</p> <p>Kan optimeres; din meta beskrivelse bør indeholde mellem 70 og 160 karakterer (med mellemrum). Brug dette gratis redskab til at regne længden ud.</p>								
	Nøgleord	<p>fitness training Tampa, FL, fitness classes Tampa, FL, fitness center in Tampa, FL, fitness classes near me, fitness training programs in Tampa, FL, fitness centers near me in Tampa, FL, fitness center nearby in Tampa, FL</p> <p>Godt, din side indeholder meta nøgleord.</p>								
	Og Meta Egenskaber	<p>Godt, din side benytter Og egenskaberne</p> <table><thead><tr><th>Egenskab</th><th>Indhold</th></tr></thead><tbody><tr><td>title</td><td>Best Fitness Training Center in Tampa, FL T1nfitness</td></tr><tr><td>description</td><td>Looking for Best Fitness Training Center & Fitness Trainer in Tampa, FL? Check out our 300+ Succesful Transformation Journey. T1nFitness offers 1on1 Personal, Group Fitness Training.</td></tr><tr><td>image</td><td>https://static.wixstatic.com/media/f53fe1_e210ce8d32264bd3b940ed1af57b83ef%7Emv2.jpg/v1/fit/w_2500,h_1330,al_c/f53fe1_e210ce8d32264bd3b940ed1af57b83ef%7Emv2.jpg</td></tr></tbody></table>	Egenskab	Indhold	title	Best Fitness Training Center in Tampa, FL T1nfitness	description	Looking for Best Fitness Training Center & Fitness Trainer in Tampa, FL? Check out our 300+ Succesful Transformation Journey. T1nFitness offers 1on1 Personal, Group Fitness Training.	image	https://static.wixstatic.com/media/f53fe1_e210ce8d32264bd3b940ed1af57b83ef%7Emv2.jpg/v1/fit/w_2500,h_1330,al_c/f53fe1_e210ce8d32264bd3b940ed1af57b83ef%7Emv2.jpg
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SEO Indhold





image:width	2500
image:height	1330
url	https://www.t1nfitness.com
site_name	t1nfitness
type	website

Overskrifter





H1	H2	H3	H4	H5	H6
1	2	9	25	9	0

- [H1] Best Fitness Training Classes in Tampa, FL
- [H2] T1N Fitness
- [H2] Welcome to Our Little Corner of The Internet Universe
- [H3] Our Fitness Training Programs
- [H3] Our Proven Track Record
- [H3] Fit club 10 access
- [H3] Reward system test
- [H3] T1N Logo Hoody
- [H3] Crop Top T1N logo tee
- [H3] Unisex T1N logo tee
- [H3] Tapered Premium Cotton T1N Sweat Pants
- [H3] Fan Your Flame/Go Harder Wristband
- [H4] Our Apparel Store
- [H4] Quick Links -
- [H4] Home
- [H4] About Us
- [H4] Meet The Coach
- [H4] Fitness Center
- [H4] Gallery
- [H4] Testimonials
- [H4] Store
- [H4] Blog
- [H4] Gift Card
- [H4] Contact
- [H4] Our Services -
- [H4] Personal Training
- [H4] Group Training
- [H4] Online Training
- [H4] Nutrition Coaching
- [H4] Muscle Gain Expert
- [H4] Weight Loss Training
- [H4] Body Transformation
- [H4] In-home Fitness Training
- [H4] Fitness Training for Post Partum Women
- [H4] Contact Us -
- [H4] 206 Oakfield Dr, Brandon, FL 33511, USA
jonathancrafton@gmail.com +1 (954) 296-0072
- [H4] Follow Us -
- [H5] Personal Training
- [H5] Group Training
- [H5] Online Training
- [H5] In home Fitness Training

SEO Indhold

		<ul style="list-style-type: none">• [H5] Nutrition Coaching• [H5] Fitness training for Post partum women• [H5] Body Transformation• [H5] Weight Loss Specialist• [H5] Muscle Gaining Expert
	Billeder	Vi fandt 26 billeder på denne side. 8 alt tags mangler eller er tomme. Tilføj alternativ tekst til dine billeder for at gøre siden mere brugervenlig, og for at optimere din SEO i forhold til søgemaskinerne.
	Text/HTML balance	Balance : 0% Denne sides text til HTML fordeling er under 15 procent, dette betyder at din side mangler indhold!
	Flash	Perfekt, ingen Flash objekter er blevet fundet på siden.
	iFrame	Beklager! Din side har iFrames og det kan medføre i yderst dårlig læsning af søgerobotterne.

SEO Links

	URL Omskrivning	Godt. Dine links ser venlige ud!
	Underscores i links	Perfekt! Ingen underscores blev fundet i dine links
	On-page links	Vi fandt et total af 17 links inkluderende 0 link(s) til filer
	Statistics	Eksterne Links : noFollow 0% Eksterne Links : Sender Juice 82.35% Interne Links 17.65%


On-page links

Anker	Type	Juice
Workout Preparation Check List	Ekstern	Sender Juice

On-page links

Personal Training	Ekstern	Sender Juice
Group Training	Ekstern	Sender Juice
Online Training	Ekstern	Sender Juice
Nutrition Coaching	Ekstern	Sender Juice
In home Fitness Training	Ekstern	Sender Juice
Fitness Training for Post Partum Women	Ekstern	Sender Juice
Body Transformation	Ekstern	Sender Juice
Weight Loss Training	Ekstern	Sender Juice
Muscle Gain Expert	Ekstern	Sender Juice
Experience	Ekstern	Sender Juice
TESTIMONIALS	Ekstern	Sender Juice
Help Us Build	Ekstern	Sender Juice
=	Intern	Sender Juice
=	Intern	Sender Juice
=	Intern	Sender Juice
Yudha Global	Ekstern	Sender Juice

SEO Nøgleord

	Nøgleords cloud	new club tee t1n quick logo pants fit view price
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Nøgleords balance

Nøgleord	Indhold	Titel	Nøgleord	Beskrivelse	Overskrifter
quick	7	✘	✘	✘	✔
view	7	✘	✘	✘	✘
price	7	✘	✘	✘	✘







Nøgleords balance

t1n	4	✓	✗	✓	✓
new	3	✗	✗	✗	✗



Brugervenlighed

	Link	Domæne : t1n.co Længde : 6
	Favikon	Godt, din side har et Favikon!
	Printervenlighed	Vi kunne ikke finde en printer venlig CSS skabelon.
	Sprog	Godt, dit tildelte sprog er en.
	Dublin Core	Denne side benytter IKKE Dublin Core principperne.

Dokument

	Dokumenttype	HTML 5
	Kryptering	Perfekt. Dit Charset er tildelt UTF-8.
	W3C Validering	Fejl : 0 Advarsler : 0
	Email Privatliv	Advarsel! Mindst én email adresse er blevet fundet i rå tekst. Brug gratis antispam beskytter for at hemme din email fra spammere.
	Udgået HTML	Godt! Vi har ikke fundet udgåede HTML tags i din kildekode
	Hastigheds Tips	<ul style="list-style-type: none">✓ Alle tiders! Din webside bruger ikke nestede tabeller.✗ Advarsel! Din webside benytter inline CSS kode!✓ Godt, din website har få antal CSS filer




Dokument

-  Dårligt, din webside har for mange JavaScript filer (mere end 6).
-  Perfekt, din hjemmeside udnytter gzip.

Mobil



Mobil Optimering

-  Apple Ikon
-  Meta Viewport Tag
-  Flash indhold

Optimering



XML Sitemap

Stor, din hjemmeside har en XML sitemap.

<https://www.t1n.co/sitemap.xml>



Robots.txt

<http://t1n.co/robots.txt>

Stor, din hjemmeside har en robots.txt-fil.



Analytics

Mangler

Vi har ikke registreret en analyseværktøj installeret på denne hjemmeside.

Web analytics kan du måle besøgendes aktivitet på dit websted. Du bør have mindst én analyseværktøj installeret, men det kan også være godt at installere et sekund for at krydstjekke data.