Website review
crosstoner.com

Generated on September 23 2024 07:19 AM

The score is 49/100

SEO Content

✓	Title	Home - CrossToner®
		Length : 18
		Perfect, your title contains between 10 and 70 characters.
✗	Description	**Length : 0**
		Very bad. We haven't found meta description on your page. Use this free online meta tags generator to create description.
✗	Keywords	Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.
✓	Og Meta Properties	Good, your page take advantage of Og Properties.

Property	Content
locale	en_US
type	website
title	Home
url	https://crosstoner.com/
site_name	CrossToner®

	Headings						
		H1	**H2**	**H3**	**H4**	**H5**	**H6**
		8	0	3	7	0	0

- [H1] INTRODUCING THE MX1
- [H1] The whole gym in your hands.
- [H1] EXERCISES
- [H1] What makes it Special?
- [H1] MULTI-DIRECTIONAL
- [H1] ULTRALIGHTWEIGHT
- [H1] COMPLETELYSELF-CONTAINED
- [H1] Stay in touch

SEO Content

		[H3] CrossToner provides an almost unlimited variety of exercise routines. Here are just a few of the routines. [H3] Login [H3] Register [H4] UPPER BODY [H4] LOWER BODY [H4] VARIABLE RESISTANCE [H4] CHEST [H4] SHOULDER [H4] ARMS [H4] LEGS AND GLUTES
✓	Images	We found 12 images on this web page. Good, most or all of your images have alt attributes.
✗	Text/HTML Ratio	Ratio : **6%** This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
✓	Flash	Perfect, no Flash content has been detected on this page.
✓	Iframe	Great, there are no Iframes detected on this page.

SEO Links

✓	URL Rewrite	Good. Your links looks friendly!
✓	Underscores in the URLs	Perfect! No underscores detected in your URLs.
✓	In-page links	We found a total of 22 links including 0 link(s) to files
●	Statistics	External Links : noFollow 0% External Links : Passing Juice 9.09% Internal Links 90.91%

In-page links

Anchor	Type	Juice
Skip to content	Internal	Passing Juice
Features	Internal	Passing Juice
Main Exercises	Internal	Passing Juice
Bicep Curl	Internal	Passing Juice
Tricep Extension	Internal	Passing Juice
Chest Fly	Internal	Passing Juice
Lat Pulldown	Internal	Passing Juice
Shoulder Press	Internal	Passing Juice
Glute Blaster	Internal	Passing Juice
Inner Thigh Press	Internal	Passing Juice
Full Exercise List (Beta)	Internal	Passing Juice
Product Usage Terms and Legal Disclaimers	Internal	Passing Juice
Return to shop	Internal	Passing Juice
universal gym	Internal	Passing Juice
-	External	Passing Juice
Support	Internal	Passing Juice
Privacy Policy	Internal	Passing Juice
Terms of Use	Internal	Passing Juice
Contact Us	Internal	Passing Juice
Manage options	Internal	Passing Juice
Read more about these purposes	External	Passing Juice
Lost your password?	Internal	Passing Juice

SEO Keywords

Keywords Cloud	lbs exercise resistance more required products preferences crosstoner manage title

SEO Keywords

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
more	5	✖	✖	✖	✖
crosstoner	5	✔	✖	✖	✔
manage	5	✖	✖	✖	✖
exercise	4	✖	✖	✖	✔
resistance	4	✖	✖	✖	✔

Usability

◉	Url	Domain : crosstoner.com Length : 14
✔	Favicon	Great, your website has a favicon.
✖	Printability	We could not find a Print-Friendly CSS.
✔	Language	Good. Your declared language is en.
✖	Dublin Core	This page does not take advantage of Dublin Core.

Document

✔	Doctype	HTML 5
✔	Encoding	Perfect. Your declared charset is UTF-8.
✖	W3C Validity	Errors : 0 Warnings : 0

Document

	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	

Speed Tips

- ✓ Excellent, your website doesn't use nested tables.
- ✗ Too bad, your website is using inline styles.
- ✗ Too bad, your website has too many CSS files (more than 4).
- ✗ Too bad, your website has too many JS files (more than 6).
- ✗ Too bad, your website does not take advantage of gzip.

Mobile

Mobile Optimization

- ✓ Apple Icon
- ✓ Meta Viewport Tag
- ✓ Flash content

Optimization

	XML Sitemap	Great, your website has an XML sitemap.

https://crosstoner.com/sitemap_index.xml

	Robots.txt	http://crosstoner.com/robots.txt

Great, your website has a robots.txt file.

	Analytics	Missing

We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.