







Website review gymandgorilla.com

Generated on September 23 2024 22:17 PM






The score is 47/100







SEO Content

	<p>Title</p>	<p>GYM AND GORILLA Fitness apparel and accessories brand</p> <p>Length : 55</p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	<p>Description</p>	<p>Gym and Gorilla is a fitness apparel and accessories brand. Gym and Gorilla creates and distributes its own range of active performance fitness wear for men and women. Gym and Gorilla's Gym Wear is all about lasting quality, the perfect fit, comfortable activewear designs.</p> <p>Length : 273</p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length.</p>												
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>												
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="544 1379 1481 2040"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>locale</td> <td>en_GB</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>GYM AND GORILLA Fitness apparel and accessories brand</td> </tr> <tr> <td>description</td> <td>Gym and Gorilla is a fitness apparel and accessories brand. Gym and Gorilla creates and distributes its own range of active performance fitness wear for men and women. Gym and Gorilla's Gym Wear is all about lasting quality, the perfect fit, comfortable activewear designs.</td> </tr> <tr> <td>url</td> <td>https://www.gymandgorilla.com/</td> </tr> </tbody> </table>	Property	Content	locale	en_GB	type	website	title	GYM AND GORILLA Fitness apparel and accessories brand	description	Gym and Gorilla is a fitness apparel and accessories brand. Gym and Gorilla creates and distributes its own range of active performance fitness wear for men and women. Gym and Gorilla's Gym Wear is all about lasting quality, the perfect fit, comfortable activewear designs.	url	https://www.gymandgorilla.com/
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SEO Content

		site_name	Fitness apparel and accessories brand				
	Headings	H1 1	H2 0	H3 6	H4 2	H5 0	H6 0
		<ul style="list-style-type: none"> • [H1] GYM AND GORILLA • [H3] Sign up for Newsletter • [H3] Our Best Selling Products • [H3] Lorem ipsum dolor sit amet... • [H3] subscribe to our newsletter! • [H3] Login • [H3] Register • [H4] Basket • [H4] Privacy Overview 					
	Images	<p>We found 11 images on this web page.</p> <p>7 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>					
	Text/HTML Ratio	<p>Ratio : 2%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>					
	Flash	Perfect, no Flash content has been detected on this page.					
	Iframe	Great, there are no Iframes detected on this page.					

SEO Links

	URL Rewrite	Good. Your links looks friendly!					
	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.					
	In-page links	We found a total of 25 links including 0 link(s) to files					
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 4%</p> <p>Internal Links 96%</p>					

In-page links

Anchor	Type	Juice
Skip to content	Internal	Passing Juice
HOME	Internal	Passing Juice
GYM WEAR	Internal	Passing Juice
UNDERWEAR	Internal	Passing Juice
GYM WEAR	Internal	Passing Juice
UNDERWEAR	Internal	Passing Juice
Accessories	Internal	Passing Juice
Blog	Internal	Passing Juice
Contact us	Internal	Passing Juice
Quick View	Internal	Passing Juice
Product &#8211; ACCESSORIES	Internal	Passing Juice
Product &#8211; Shorts , Leggings	Internal	Passing Juice
Product &#8211; Underwear	Internal	Passing Juice
Product &#8211; T Shirts, Vests, Tanks	Internal	Passing Juice
PRODUCTS	Internal	Passing Juice
About Us	Internal	Passing Juice
My account	Internal	Passing Juice
FAQ&#8217;s	Internal	Passing Juice
Shipping &#038; Delivery	Internal	Passing Juice
Terms Of Use	Internal	Passing Juice
Privacy Policy	Internal	Passing Juice
MENS	Internal	Passing Juice
WOMENS	Internal	Passing Juice
Reject	External	Passing Juice
Lost your password?	Internal	Passing Juice

SEO Keywords



Keywords Cloud

wishlist wear add underwear search
register mens account home gym

Keywords Consistency

Keyword	Content	Title	Keywords	Descripti on	Headings
gym	6	✓	✗	✓	✓
wear	4	✗	✗	✓	✗
underwear	4	✗	✗	✗	✗
add	4	✗	✗	✗	✗
wishlist	4	✗	✗	✗	✗










Usability

	Url	Domain : gymandgorilla.com Length : 17
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.





Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.





Document

	W3C Validity	Errors : 0 Warnings : 0				
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.				
	Deprecated HTML	<table><thead><tr><th>Deprecated tags</th><th>Occurrences</th></tr></thead><tbody><tr><td><center></td><td>2</td></tr></tbody></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences	<center>	2
Deprecated tags	Occurrences					
<center>	2					
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Great, your website has few CSS files. Too bad, your website has too many JS files (more than 6). Perfect, your website takes advantage of gzip.				

Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon Meta Viewport Tag Flash content
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Optimization

	XML Sitemap	Great, your website has an XML sitemap. https://www.gymandgorilla.com/wp-sitemap.xml
	Robots.txt	http://gymandgorilla.com/robots.txt Great, your website has a robots.txt file.
	Analytics	Great, your website has an analytics tool.  Google Analytics