






Website review metroteamoutfitters.com

Generated on September 20 2024 00:26 AM

The score is 62/100



SEO Content

	<p>Title</p>	<p>Athletic Uniforms, Apparel, Equipment & Gear - Metro Team Sports</p> <p>Length : 68</p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	<p>Description</p>	<p>Metro Team Sports is here to serve our high schools, colleges and clubs with time-saving uniform, apparel and equipment solutions.</p> <p>Length : 130</p> <p>Great, your meta description contains between 70 and 160 characters.</p>												
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>												
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="539 1317 1481 1821"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>description</td> <td>Metro Team Sports is here to serve our high schools, colleges and clubs with time-saving uniform, apparel and equipment solutions.</td> </tr> <tr> <td>title</td> <td>Athletic Uniforms, Apparel, Equipment & Gear - Metro Team Sports</td> </tr> <tr> <td>image</td> <td>https://lirp.cdn-website.com/dab7ad38/dms3rep/multi/opt/open-graph-24cc578e-1920w.jpg</td> </tr> </tbody> </table>	Property	Content	type	website	description	Metro Team Sports is here to serve our high schools, colleges and clubs with time-saving uniform, apparel and equipment solutions.	title	Athletic Uniforms, Apparel, Equipment & Gear - Metro Team Sports	image	https://lirp.cdn-website.com/dab7ad38/dms3rep/multi/opt/open-graph-24cc578e-1920w.jpg		
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	<p>Headings</p>	<table border="1" data-bbox="539 1854 1481 1921"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>2</td> <td>6</td> <td>97</td> <td>18</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="619 1955 1121 2080" style="list-style-type: none"> • [H1] Our Services • [H1] Testimonials • [H2] Your Most Valuable Teammate • [H2] Custom Apparel 	H1	H2	H3	H4	H5	H6	2	6	97	18	0	0
H1	H2	H3	H4	H5	H6									
2	6	97	18	0	0									





SEO Content

- [H2] Custom Uniforms
- [H2] Equipment
- [H2] Online Stores
- [H2] Facility Branding
- [H3] Nike Team
- [H3] Under Armour
- [H3] Adidas
- [H3] Asics
- [H3] Athletic Specialties
- [H3] Baden Sports
- [H3] Badger
- [H3] Blazer Athletic
- [H3] Bownet
- [H3] Boxercraft
- [H3] Brine
- [H3] CCM
- [H3] Charles River
- [H3] Champion Sports
- [H3] Cliff Kean
- [H3] Cramer
- [H3] Debeer
- [H3] Dolfin
- [H3] Fisher
- [H3] Gared
- [H3] Gill Athletics
- [H3] Holloway
- [H3] JUGS
- [H3] Kwik Goal
- [H3] Leeds
- [H3] louisville slugger
- [H3] Majestic
- [H3] Martin
- [H3] McDavid
- [H3] Mikasa
- [H3] Mizuno
- [H3] Mueller
- [H3] Pacific Headwear
- [H3] Rawlings
- [H3] Richardson
- [H3] Russell Athletic
- [H3] Ryno
- [H3] Sanmar
- [H3] Schutt
- [H3] SKLZ
- [H3] Spalding
- [H3] Speedo
- [H3] Stadium Chair
- [H3] STX
- [H3] Tachikara
- [H3] TCK
- [H3] TYR
- [H3] Wilson
- [H3] Adidas
- [H3] Asics
- [H3] Athletic Specialties
- [H3] Baden Sports





SEO Content

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- [H3] TCK
- [H3] TYR
- [H3] Under Armour
- [H3] Wilson
- [H3] Team Up With Us Today
- [H4] Andrew West, Athletic Director Browning School
- [H4] Spencer Mayfield, White Plains High School
- [H4] Mark Bonilla - Athletic Director All Hallows High School
Bronx, NY
- [H4] John Pizzi, Director of Athletics, Riverdale Country School
- [H4] Greg Fox, Director of Athletics, Yeshiva University
- [H4] Anthony Garofalo, Athletic Director Monsignor Farrell High School
- [H4] Teddy Frischling, Athletic Director, Dalton School
- [H4] Mark DeCristoforo, Dean of Students/Director of Athletics,
St. Peter's Boys High School

SEO Content

		<ul style="list-style-type: none">• [H4] Patrick Mangan, Director of Athletics, Frederic Douglass Academy, Harlem, New York• [H4] Gus Ornstein, Director of Athletics, Fieldston School, Bronx, New York• [H4] Ray Voelkel, Director of Athletics, Collegiate School, Manhattan, NY• [H4] Keith Richardson, Stepinac High School, Assistant Director of Athletics, White Plains, NY• [H4] Jean Walker, College of Mount Saint Vincent, Riverdale NY• [H4] Keith Goggin, Holy Cross High School, Director of Athletics, Flushing, NY• [H4] Cedric Jones, Athletic Director, Brunswick Prep• [H4] ABOUT• [H4] SERVICES• [H4] CONTACT
	Images	<p>We found 134 images on this web page.</p> <p>17 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : 2%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 10 links including 0 link(s) to files
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 10%</p> <p>Internal Links 90%</p>

In-page links

Anchor	Type	Juice
Custom Apparel	Internal	Passing Juice
Custom Uniforms	Internal	Passing Juice
Equipment	Internal	Passing Juice
Online Stores	Internal	Passing Juice
Facility Branding	Internal	Passing Juice
Who We Serve	Internal	Passing Juice
Testimonials	Internal	Passing Juice
Catalogs	Internal	Passing Juice
Our Blog	External	Passing Juice
Careers	Internal	Passing Juice

SEO Keywords








Keywords Cloud

director been metro always high school athletics athletic team sports












Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
team	9	✓	✗	✓	✓
school	9	✗	✗	✓	✓
metro	8	✓	✗	✓	✗
sports	6	✓	✗	✓	✓
director	6	✗	✗	✗	✓


Usability

	Url	Domain : metroteamoutfitters.com Length : 23
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.





Document

	Doctype	Missing doctype				
	Encoding	Perfect. Your declared charset is UTF-8.				
	W3C Validity	Errors : 0 Warnings : 0				
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.				
	Deprecated HTML	<table><thead><tr><th>Deprecated tags</th><th>Occurrences</th></tr></thead><tbody><tr><td></td><td>10</td></tr></tbody></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences		10
Deprecated tags	Occurrences					
	10					
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Great, your website has few CSS files. Perfect, your website has few JavaScript files. Perfect, your website takes advantage of gzip.				

Mobile

	Mobile Optimization	<ul style="list-style-type: none">✓ Apple Icon✓ Meta Viewport Tag✓ Flash content
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Optimization

	XML Sitemap	<p>Great, your website has an XML sitemap.</p> <p>https://www.metroteamsports.com/sitemap.xml</p>
	Robots.txt	<p>http://metroteamoutfitters.com/robots.txt</p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Great, your website has an analytics tool.</p> <p> Google Analytics</p>