







Website review rawmuscle.co.za

Generated on September 21 2024 01:53 AM






The score is 55/100







SEO Content

	<p>Title</p>	<p>Home Raw Muscle Cape Town</p> <p>Length : 29</p> <p>Perfect, your title contains between 10 and 70 characters.</p>																		
	<p>Description</p>	<p>Quality gym apparel and lifting gear. Raw Muscle products are proudly manufactured in South Africa.</p> <p>Length : 99</p> <p>Great, your meta description contains between 70 and 160 characters.</p>																		
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>																		
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="539 1279 1481 2080"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>title</td> <td>Home Raw Muscle Cape Town</td> </tr> <tr> <td>description</td> <td>Quality gym apparel and lifting gear. Raw Muscle products are proudly manufactured in South Africa.</td> </tr> <tr> <td>image</td> <td>https://static.wixstatic.com/media/d4c88b_c85d326fb7864361ada0e3197ab1d7bb%7Emv2_d_2100_1500_s_2.png/v1/fit/w_2500,h_1330,ai_c/d4c88b_c85d326fb7864361ada0e3197ab1d7bb%7Emv2_d_2100_1500_s_2.png</td> </tr> <tr> <td>image:width</td> <td>2500</td> </tr> <tr> <td>image:height</td> <td>1330</td> </tr> <tr> <td>url</td> <td>https://www.rawmuscle.co.za</td> </tr> <tr> <td>site_name</td> <td>Raw Muscle</td> </tr> <tr> <td>type</td> <td>website</td> </tr> </tbody> </table>	Property	Content	title	Home Raw Muscle Cape Town	description	Quality gym apparel and lifting gear. Raw Muscle products are proudly manufactured in South Africa.	image	https://static.wixstatic.com/media/d4c88b_c85d326fb7864361ada0e3197ab1d7bb%7Emv2_d_2100_1500_s_2.png/v1/fit/w_2500,h_1330,ai_c/d4c88b_c85d326fb7864361ada0e3197ab1d7bb%7Emv2_d_2100_1500_s_2.png	image:width	2500	image:height	1330	url	https://www.rawmuscle.co.za	site_name	Raw Muscle	type	website
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SEO Content

	Headings	<table border="1"> <tr> <td>H1</td> <td>H2</td> <td>H3</td> <td>H4</td> <td>H5</td> <td>H6</td> </tr> <tr> <td>0</td> <td>2</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> </tr> </table> <ul style="list-style-type: none"> [H2] STOP WISHING START WORKING [H2] Free delivery within South Africa on any order over R300! 	H1	H2	H3	H4	H5	H6	0	2	0	0	0	0
H1	H2	H3	H4	H5	H6									
0	2	0	0	0	0									
	Images	<p>We found 17 images on this web page.</p> <p>12 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>												
	Text/HTML Ratio	<p>Ratio : 0%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>												
	Flash	Perfect, no Flash content has been detected on this page.												
	Iframe	Great, there are no Iframes detected on this page.												

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 5 links including 0 link(s) to files
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 0%</p> <p>Internal Links 100%</p>

In-page links

Anchor	Type	Juice
Gym Shirts	Internal	Passing Juice
Hoodies	Internal	Passing Juice

In-page links

[Lifting Straps](#)

Internal

Passing Juice

[Knee Wraps](#)

Internal

Passing Juice

[Privacy Policy](#)

Internal

Passing Juice

SEO Keywords



Keywords Cloud

wraps hoodies knee raw lifting
home all straps navigate page

Keywords Consistency












Keyword	Content	Title	Keywords	Description	Headings
lifting	3	✘	✘	✔	✘
home	2	✔	✘	✘	✘
raw	2	✔	✘	✔	✘
page	2	✘	✘	✘	✘
hoodies	2	✘	✘	✘	✘

Usability





	Url	Domain : rawmuscle.co.za Length : 15
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

Usability


Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Great, your website has few CSS files. Too bad, your website has too many JS files (more than 6). Perfect, your website takes advantage of gzip.



Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon Meta Viewport Tag Flash content
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Optimization

	XML Sitemap	Great, your website has an XML sitemap. <code>https://rawmuscle.co.za/sitemap.xml</code>
	Robots.txt	<code>http://rawmuscle.co.za/robots.txt</code>

Optimization

		Great, your website has a robots.txt file.
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>