




Website review rawmuscle.co.za

Generated on September 21 2024 02:34 AM






The score is 55/100







SEO Content

|  | Title | <div>Home Raw Muscle Cape Town</div> <div>Length : 29</div> <div>Perfect, your title contains between 10 and 70 characters.</div> | | | | | | | | | | | | | | | | | | |
|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|---------|-------|-------------------------------|-------------|-----------------------------------------------------------------------------------------------------|-------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|------|--------------|------|-----|-----------------------------|-----------|------------|------|---------|
|  | Description | <div>Quality gym apparel and lifting gear. Raw Muscle products are proudly manufactured in South Africa.</div> <div>Length : 99</div> <div>Great, your meta description contains between 70 and 160 characters.</div> | | | | | | | | | | | | | | | | | | |
|  | Keywords | <div>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</div> | | | | | | | | | | | | | | | | | | |
|  | Og Meta Properties | <div>Good, your page take advantage of Og Properties.</div> <table><thead><tr><th>Property</th><th>Content</th></tr></thead><tbody><tr><td>title</td><td>Home Raw Muscle Cape Town</td></tr><tr><td>description</td><td>Quality gym apparel and lifting gear. Raw Muscle products are proudly manufactured in South Africa.</td></tr><tr><td>image</td><td>https://static.wixstatic.com/media/d4c88b_c85d326fb7864361ada0e3197ab1d7bb%7Emv2_d_2100_1500_s_2.png/v1/fit/w_2500,h_1330,ai_c/d4c88b_c85d326fb7864361ada0e3197ab1d7bb%7Emv2_d_2100_1500_s_2.png</td></tr><tr><td>image:width</td><td>2500</td></tr><tr><td>image:height</td><td>1330</td></tr><tr><td>url</td><td>https://www.rawmuscle.co.za</td></tr><tr><td>site_name</td><td>Raw Muscle</td></tr><tr><td>type</td><td>website</td></tr></tbody></table> | Property | Content | title | Home Raw Muscle Cape Town | description | Quality gym apparel and lifting gear. Raw Muscle products are proudly manufactured in South Africa. | image | https://static.wixstatic.com/media/d4c88b_c85d326fb7864361ada0e3197ab1d7bb%7Emv2_d_2100_1500_s_2.png/v1/fit/w_2500,h_1330,ai_c/d4c88b_c85d326fb7864361ada0e3197ab1d7bb%7Emv2_d_2100_1500_s_2.png | image:width | 2500 | image:height | 1330 | url | https://www.rawmuscle.co.za | site_name | Raw Muscle | type | website |
| Property | Content | | | | | | | | | | | | | | | | | | | |
| title | Home Raw Muscle Cape Town | | | | | | | | | | | | | | | | | | | |
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SEO Content

| | | | | | | | |
|-----------------------------------------------------------------------------------|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|----------------|----------------|----------------|----------------|
|  | Headings | H1 0 | H2 2 | H3 0 | H4 0 | H5 0 | H6 0 |
| | | <ul style="list-style-type: none">• [H2] STOP WISHING START WORKING• [H2] Free delivery within South Africa on any order over R300! | | | | | |
|  | Images | We found 17 images on this web page. 12 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images. | | | | | |
|  | Text/HTML Ratio | Ratio : 0% This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content. | | | | | |
|  | Flash | Perfect, no Flash content has been detected on this page. | | | | | |
|  | Iframe | Great, there are no Iframes detected on this page. | | | | | |

SEO Links

| | | |
|------------------------------------------------------------------------------------|-------------------------|--------------------------------------------------------------------------------------------------|
|  | URL Rewrite | Good. Your links looks friendly! |
|  | Underscores in the URLs | Perfect! No underscores detected in your URLs. |
|  | In-page links | We found a total of 5 links including 0 link(s) to files |
|  | Statistics | External Links : noFollow 0% External Links : Passing Juice 0% Internal Links 100% |

In-page links

| Anchor | Type | Juice |
|----------------------------|----------|---------------|
| Gym Shirts | Internal | Passing Juice |
| Hoodies | Internal | Passing Juice |

In-page links

[Lifting Straps](#)

Internal

Passing Juice

[Knee Wraps](#)

Internal

Passing Juice

[Privacy Policy](#)

Internal

Passing Juice

SEO Keywords



Keywords Cloud

straps lifting raw home wraps knee
hoodies all navigate page







Keywords Consistency

| Keyword | Content | Title | Keywords | Description | Headings |
|---------|---------|-------|----------|-------------|----------|
| lifting | 3 | ✗ | ✗ | ✓ | ✗ |
| home | 2 | ✓ | ✗ | ✗ | ✗ |
| raw | 2 | ✓ | ✗ | ✓ | ✗ |
| page | 2 | ✗ | ✗ | ✗ | ✗ |
| hoodies | 2 | ✗ | ✗ | ✗ | ✗ |





Usability

| | | |
|--|--------------|---------------------------------------------------|
| | Url | Domain : rawmuscle.co.za Length : 15 |
| | Favicon | Great, your website has a favicon. |
| | Printability | We could not find a Print-Friendly CSS. |
| | Language | Good. Your declared language is en. |
| | Dublin Core | This page does not take advantage of Dublin Core. |



Document

| | | |
|----------------------------------------------------------------------------------|-----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | Doctype | HTML 5 |
|  | Encoding | Perfect. Your declared charset is UTF-8. |
|  | W3C Validity | Errors : 0 Warnings : 0 |
|  | Email Privacy | Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers. |
|  | Deprecated HTML | Great! We haven't found deprecated HTML tags in your HTML. |
|  | Speed Tips | <div> Excellent, your website doesn't use nested tables.</div> <div> Too bad, your website is using inline styles.</div> <div> Great, your website has few CSS files.</div> <div> Too bad, your website has too many JS files (more than 6).</div> <div> Perfect, your website takes advantage of gzip.</div> |

Mobile

| | | |
|------------------------------------------------------------------------------------|---------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | Mobile Optimization | <div> Apple Icon</div> <div> Meta Viewport Tag</div> <div> Flash content</div> |
|------------------------------------------------------------------------------------|---------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

Optimization

| | | |
|------------------------------------------------------------------------------------|-------------|-------------------------------------------------------------------------------------------|
|  | XML Sitemap | Great, your website has an XML sitemap. <div>https://rawmuscle.co.za/sitemap.xml</div> |
|  | Robots.txt | http://rawmuscle.co.za/robots.txt Great, your website has a robots.txt file. |

Optimization



Analytics

Missing

We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.