Website review
rebelatfitness.ca

Generated on September 21 2024 23:23 PM

The score is 53/100

SEO Content

✓	Title	Rebel at fitness Nutrition Distribution **Length : 39** Perfect, your title contains between 10 and 70 characters.
⚠	Description	The Official Shop Rebel at fitness ! **Length : 36** Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length.
✗	Keywords	Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.
✓	Og Meta Properties	Good, your page take advantage of Og Properties.

Property	Content
site_name	Rebel at fitness Nutrition Distribution
url	https://rebelatfitness.ca/
title	Rebel at fitness Nutrition Distribution
type	website
description	The Official Shop Rebel at fitness !
image	http://rebelatfitness.ca/cdn/shop/files/pexels-photo-1745521_1200x1200.jpeg?v=1613174783
image:secure_url	https://rebelatfitness.ca/cdn/shop/files/pexels-photo-1745521_1200x1200.jpeg?v=1613174783

◐	Headings		H1	H2	H3	H4	H5	H6	|---|---|---|---|---|---|	1	3	4	4	0	0	

SEO Content

		[H1] [H2] Use now the code GIFT15 on your order of $99 or more to benefit from a discount of $15! [H2] Rebel Apparel [H2] DISCOVER OUR PARTNERS [H3] NZP NUTRITION [H3] Protein Sources [H3] IRONFIT NUTRITION [H3] New Day [H4] Contact Us [H4] Our Policy [H4] Follow us [H4] BECOME A VIP
❌	Images	We found 17 images on this web page. 3 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
❌	Text/HTML Ratio	Ratio : **7%** This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
✅	Flash	Perfect, no Flash content has been detected on this page.
✅	Iframe	Great, there are no Iframes detected on this page.

SEO Links

✅	URL Rewrite	Good. Your links looks friendly!
✅	Underscores in the URLs	Perfect! No underscores detected in your URLs.
✅	In-page links	We found a total of 21 links including 0 link(s) to files
⦿	Statistics	External Links : noFollow 0% External Links : Passing Juice 4.76% Internal Links 95.24%

In-page links

Anchor	Type	Juice
HOME	Internal	Passing Juice
SHOP	Internal	Passing Juice
IRONFIT NUTRITION	Internal	Passing Juice
Protein Source	External	Passing Juice
PRODUCT DMR	Internal	Passing Juice
NZPNUTRITION	Internal	Passing Juice
POWER DRINK	Internal	Passing Juice
New Day	Internal	Passing Juice
GEAR & APPAREL	Internal	Passing Juice
SHAKER & SPORT BOTTLES	Internal	Passing Juice
SOREFREAKS GEAR	Internal	Passing Juice
Women Clothing	Internal	Passing Juice
Rebel Apparel	Internal	Passing Juice
COACHING FOR MEN	Internal	Passing Juice
COACHING FOR WOMEN	Internal	Passing Juice
Privacy Policy	Internal	Passing Juice
Refund Policy	Internal	Passing Juice
Terms of Service	Internal	Passing Juice
Shipping Policy	Internal	Passing Juice
Continue browsing	Internal	Passing Juice
{{{name}}}	Internal	Passing Juice

SEO Keywords

Keywords Cloud	shop cart discover fitness rebel policy price regular pay nutrition

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
nutrition	5	✔	✘	✘	✔
cart	4	✘	✘	✘	✘
policy	4	✘	✘	✘	✔
rebel	3	✔	✘	✔	✔
shop	3	✘	✘	✔	✘

Usability

	Url	Domain : rebelatfitness.ca Length : 17
✔	Favicon	Great, your website has a favicon.
✘	Printability	We could not find a Print-Friendly CSS.
✔	Language	Good. Your declared language is en.
✘	Dublin Core	This page does not take advantage of Dublin Core.

Document

✔	Doctype	HTML 5
✔	Encoding	Perfect. Your declared charset is UTF-8.
✘	W3C Validity	Errors : 0 Warnings : 0
✘	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.

Document

	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	✔ Excellent, your website doesn't use nested tables.
		✖ Too bad, your website is using inline styles.
		✔ Great, your website has few CSS files.
		✖ Too bad, your website has too many JS files (more than 6).
		✖ Too bad, your website does not take advantage of gzip.

Mobile

	Mobile Optimization	✖ Apple Icon
		✔ Meta Viewport Tag
		✔ Flash content

Optimization

	XML Sitemap	Great, your website has an XML sitemap.
		https://rebelatfitness.ca/sitemap.xml
	Robots.txt	http://rebelatfitness.ca/robots.txt
		Great, your website has a robots.txt file.
	Analytics	Missing
		We didn't detect an analytics tool installed on this website.
		Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.