







Website review rogueapo.com

Generated on September 20 2024 16:38 PM




The score is 57/100





SEO Content

	<p>Title</p>	<p>Rogue Fitness APO - Top-Quality Fitness Equipment Shipped to US Military Addresses</p> <p>Length : 82</p> <p>Ideally, your title should contain between 10 and 70 characters (spaces included). Use this free tool to calculate text length.</p>												
	<p>Description</p>	<p>Shop industry leading fitness equipment at Rogue Fitness APO, with exclusive shipping to US military addresses. Elevate your training with top-quality barbells, bumper plates, power racks, shoes, apparel, and accessories - all conveniently delivered to your US military address.</p> <p>Length : 278</p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length.</p>												
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>												
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="539 1444 1481 1883"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>type</td> <td>product</td> </tr> <tr> <td>image</td> <td>https://assets.roguefitness.com/image/upload/v1610106897/media/rogue-og.jpg</td> </tr> <tr> <td>url</td> <td>https://www.roguefitness.com/apo</td> </tr> <tr> <td>title</td> <td>Rogue Fitness APO - Top-Quality Fitness Equipment Shipped to US Military Addresses</td> </tr> <tr> <td>locale</td> <td>en-US</td> </tr> </tbody> </table>	Property	Content	type	product	image	https://assets.roguefitness.com/image/upload/v1610106897/media/rogue-og.jpg	url	https://www.roguefitness.com/apo	title	Rogue Fitness APO - Top-Quality Fitness Equipment Shipped to US Military Addresses	locale	en-US
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	Headings	<table border="1"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>2</td> <td>3</td> <td>1</td> <td>16</td> <td>10</td> <td>0</td> </tr> </tbody> </table> <ul style="list-style-type: none"> • [H1] World's MostDurable Barbells • [H1] World's MostDurable Barbells • [H2] • [H2] Featured Products • [H2] Popular Categories • [H3] • [H4] Weightlifting Bars & Plates • [H4] Strength Equipment • [H4] Rogue Rigs & Racks • [H4] Conditioning • [H4] Bodyweight & Gymnastics • [H4] Apparel • [H4] Rogue Gear & Accessories • [H4] Straps, Wraps & Support • [H4] Strongman • [H4] CrossFit® Equipment • [H4] Equipment Packages • [H4] Shoes • [H4] Mobility • [H4] Nutrition & Supplements • [H4] Iron Game Programming • [H4] Rogue Supply • [H5] About Us • [H5] Shopping • [H5] Customer Service • [H5] Policies & Notices • [H5] Other Info • [H5] Other Websites • [H5] Contact Us • [H5] Connect • [H5] App • [H5] NEWSLETTER SIGNUP 	H1	H2	H3	H4	H5	H6	2	3	1	16	10	0
H1	H2	H3	H4	H5	H6									
2	3	1	16	10	0									
	Images	<p>We found 131 images on this web page.</p> <p>Good, most or all of your images have alt attributes.</p>												
	Text/HTML Ratio	<p>Ratio : 2%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>												
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>												

SEO Content

		
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 60 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 6.67% Internal Links 93.33%

In-page links

Anchor	Type	Juice
Visit: <u>www.roguefitness.com</u>	External	Passing Juice
Gift Cards	Internal	Passing Juice
Contact Us	Internal	Passing Juice
Order Status	Internal	Passing Juice
=	Internal	Passing Juice
=	Internal	Passing Juice
=	Internal	Passing Juice
Multipurpose	Internal	Passing Juice
Olympic	Internal	Passing Juice

In-page links

Powerlifting	Internal	Passing Juice
=	Internal	Passing Juice
Bumper	Internal	Passing Juice
Competition	Internal	Passing Juice
Steel	Internal	Passing Juice
=	Internal	Passing Juice
Flat	Internal	Passing Juice
Adjustable	Internal	Passing Juice
=	Internal	Passing Juice
PRVN Fitness	Internal	Passing Juice
Mayhem Athlete	Internal	Passing Juice
Westside Barbell	Internal	Passing Juice
=	Internal	Passing Juice
Men's	Internal	Passing Juice
Women's	Internal	Passing Juice
=	Internal	Passing Juice
Straps	Internal	Passing Juice
Knee Sleeves	Internal	Passing Juice
Belts	Internal	Passing Juice
=	Internal	Passing Juice
Tools	Internal	Passing Juice
Accessories	Internal	Passing Juice
=	Internal	Passing Juice
=	Internal	Passing Juice
=	External	Passing Juice
=	External	Passing Juice
Checkout FAQ	Internal	Passing Juice
The Rogue Way	Internal	Passing Juice

In-page links

Jobs	Internal	Passing Juice
#ryourogue	Internal	Passing Juice
Brands	Internal	Passing Juice
Gift Registry	Internal	Passing Juice
Custom Quotes	Internal	Passing Juice
Returns	Internal	Passing Juice
Product Policies	Internal	Passing Juice
Warranty Information	Internal	Passing Juice
Suggestion Box	Internal	Passing Juice
Report Website Issue	Internal	Passing Juice
Customer Survey	Internal	Passing Juice
Recall Information	Internal	Passing Juice
Privacy Policy	Internal	Passing Juice
Terms of Use	Internal	Passing Juice
GSA Contract Info	Internal	Passing Juice
Distribution	Internal	Passing Juice
Rogue Invitational	Internal	Passing Juice
Rogue Athletes	Internal	Passing Juice
The Rogue Blog	External	Passing Juice
The Rogue Gym	Internal	Passing Juice
Rogue Equipped Events	Internal	Passing Juice
Garage Gyms	Internal	Passing Juice
The Index	Internal	Passing Juice

SEO Keywords








Keywords Cloud

barbells apo storage accessories **rogue** shoes
monster plates strongman fitness





Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
rogue	37	✓	✗	✓	✓
plates	9	✗	✗	✓	✓
accessories	9	✗	✗	✓	✓
barbells	8	✗	✗	✓	✓
storage	7	✗	✗	✗	✗








Usability

	Url	Domain : rogueapo.com Length : 12
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.





Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.





Document

	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Too bad, your website has too many CSS files (more than 4). Too bad, your website has too many JS files (more than 6). Perfect, your website takes advantage of gzip.

Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon Meta Viewport Tag Flash content
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Optimization

	XML Sitemap	Great, your website has an XML sitemap. https://www.rogueapo.com/svc_route/sitemap_v2/sitemap.xml
	Robots.txt	http://rogueapo.com/robots.txt Great, your website has a robots.txt file.
	Analytics	Great, your website has an analytics tool.  Google Analytics