








# Website review theamarawoman.com

Generated on September 21 2024 09:53 AM





The score is 54/100







## SEO Content

	Title	THE AMARA WOMAN - HOME  <b>Length : 22</b>  Perfect, your title contains between 10 and 70 characters.																	
	Description	The Amara Woman Apparel  <b>Length : 23</b>  Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.																	
	Keywords	amara woman, fitness, apparel, workout clothes, dr yvette, fitlife, exercise, nike, under amour, adidias, training, weight loss, sports, diet, eat healthy  Good, your page contains meta keywords.																	
	Og Meta Properties	Good, your page take advantage of Og Properties. <table><tr><th>Property</th><th>Content</th></tr><tr><td>site_name</td><td>THE AMARA WOMAN</td></tr><tr><td>title</td><td>THE AMARA WOMAN</td></tr><tr><td>description</td><td>The Amara Woman Apparel</td></tr><tr><td>image</td><td>http://www.theamarawoman.com/uploads/4/5/1/5/45151901/published/amara-woman-logo-full-color-rgb-610px-72ppi.png?1620341513</td></tr><tr><td>url</td><td>http://www.theamarawoman.com/</td></tr></table>						Property	Content	site_name	THE AMARA WOMAN	title	THE AMARA WOMAN	description	The Amara Woman Apparel	image	http://www.theamarawoman.com/uploads/4/5/1/5/45151901/published/amara-woman-logo-full-color-rgb-610px-72ppi.png?1620341513	url	http://www.theamarawoman.com/
Property	Content																		
site_name	THE AMARA WOMAN																		
title	THE AMARA WOMAN																		
description	The Amara Woman Apparel																		
image	http://www.theamarawoman.com/uploads/4/5/1/5/45151901/published/amara-woman-logo-full-color-rgb-610px-72ppi.png?1620341513																		
url	http://www.theamarawoman.com/																		
	Headings	<table><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr><tr><td>0</td><td>7</td><td>0</td><td>0</td><td>0</td><td>0</td></tr></table> <ul style="list-style-type: none"><li>• [H2] LISTEN WITH US.</li><li>• [H2] NEW RELEASES.</li><li>• [H2] ACCESS THE PARTY.</li></ul>						H1	H2	H3	H4	H5	H6	0	7	0	0	0	0
H1	H2	H3	H4	H5	H6														
0	7	0	0	0	0														

## SEO Content

		<ul style="list-style-type: none"><li>• [H2] BE WELL.</li><li>• [H2] GET THE APP.</li><li>• [H2] TRAIN WITH US.</li><li>• [H2] CONNECT.</li></ul>
	Images	We found 3 images on this web page. Good, most or all of your images have alt attributes.
	Text/HTML Ratio	Ratio : <b>4%</b>  This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 7 links including 0 link(s) to files
	Statistics	External Links : noFollow 0%  External Links : Passing Juice 0%  Internal Links 100%


## In-page links

Anchor	Type	Juice
<a href="#">HOME</a>	Internal	Passing Juice
<a href="#">PODCAST</a>	Internal	Passing Juice
<a href="#">BLOG</a>	Internal	Passing Juice

## In-page links

<a href="#">JOURNAL</a>	Internal	Passing Juice
<a href="#">SHOP AMARA</a>	Internal	Passing Juice
<a href="#">EVENTS</a>	Internal	Passing Juice
<a href="#">OFFERINGS</a>	Internal	Passing Juice






## SEO Keywords

	Keywords Cloud	shop new training woman nutrition amara party podcast journal home
--	----------------	--

## Keywords Consistency












Keyword	Content	Title	Keywords	Description	Headings
amara	10	✓	✓	✓	✗
woman	7	✓	✓	✓	✗
shop	5	✗	✗	✗	✗
new	5	✗	✗	✗	✓
podcast	4	✗	✗	✗	✗

## Usability





	Url	Domain : theamarawoman.com Length : 17
	Favicon	Very bad. We have not found shortcut icon. Icons are one of easy ways to attract regular visitors to your website more often.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

## Usability

### Document

	Doctype	HTML 5				
	Encoding	Perfect. Your declared charset is UTF-8.				
	W3C Validity	Errors : 0 Warnings : 0				
	Email Privacy	Great no email address has been found in plain text!				
	Deprecated HTML	<table><tr><th>Deprecated tags</th><th>Occurrences</th></tr><tr><td>&lt;font&gt;</td><td>11</td></tr></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences	<font>	11
Deprecated tags	Occurrences					
<font>	11					
	Speed Tips	<div> Excellent, your website doesn't use nested tables.</div> <div> Too bad, your website is using inline styles.</div> <div> Too bad, your website has too many CSS files (more than 4).</div> <div> Too bad, your website has too many JS files (more than 6).</div> <div> Perfect, your website takes advantage of gzip.</div>				




### Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
--	---------------------	--

### Optimization

	XML Sitemap	Great, your website has an XML sitemap.
--	-------------	---

## Optimization

		<a href="http://www.theamarawoman.com/sitemap.xml">http://www.theamarawoman.com/sitemap.xml</a>
	Robots.txt	<a href="http://theamarawoman.com/robots.txt">http://theamarawoman.com/robots.txt</a> Great, your website has a robots.txt file.
	Analytics	Great, your website has an analytics tool. <div> Google Analytics</div>