







Website beoordeling mossa.net

Gegeneerd op September 20 2024 22:45 PM





De score is 57/100



SEO Content

	Title	<p>Mossa – Group Fitness Programs That are Inspiring Millions to Move</p> <p>Lengte : 66</p> <p>Perfect, uw title tag bevat tussen de 10 en 70 karakters.</p>																		
	Description	<p>MOSSA is the developer of professional, high quality group fitness exercises and workout plans. Check out out group fitness programs here.</p> <p>Lengte : 138</p> <p>Perfect, uw meta description bevat tussen de 70 en 160 karakters.</p>																		
	Keywords	<p>Erg slecht. We hebben geen meta keywords gevonden in uw website. Gebruik deze gratis online meta tags generator om keywords te genereren.</p>																		
	Og Meta Properties	<p>Goed, uw page maakt gebruik van Og Properties.</p> <table border="1" data-bbox="539 1346 1481 2078"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>locale</td> <td>en_US</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>Home</td> </tr> <tr> <td>description</td> <td>MOSSA is the developer of professional, high quality group fitness exercises and workout plans. Check out out group fitness programs here.</td> </tr> <tr> <td>url</td> <td>https://mossa.net/</td> </tr> <tr> <td>site_name</td> <td>MOSSA</td> </tr> <tr> <td>image</td> <td>https://mossa.net/wp-content/uploads/2020/12/bg-header-grouppower-new.jpg</td> </tr> <tr> <td>image:width</td> <td>1200</td> </tr> </tbody> </table>	Property	Content	locale	en_US	type	website	title	Home	description	MOSSA is the developer of professional, high quality group fitness exercises and workout plans. Check out out group fitness programs here.	url	https://mossa.net/	site_name	MOSSA	image	https://mossa.net/wp-content/uploads/2020/12/bg-header-grouppower-new.jpg	image:width	1200
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image:width	1200																			

SEO Content

		image:height 664												
		image:type image/jpeg												
	Headings	<table><thead><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr></thead><tbody><tr><td>1</td><td>13</td><td>9</td><td>1</td><td>6</td><td>1</td></tr></tbody></table> <ul style="list-style-type: none">• [H1] Let's Move!®• [H2] MOVE YOUNGER, LONGER• [H2] MOSSA WORKOUTS• [H2] “• [H2] Sometimes I wish we never invented the word exercise• [H2] Cathy Spencer-Browning• [H2] WHAT MOVES YOU• [H2] With Movement Health, Move Younger, Longer.• [H2] MOVEMENT HEALTH• [H2] Mossa On Demand• [H2] Mossa At Your Club• [H2] “• [H2] Testimonials• [H2] Leading Partners• [H3] Inspiring Millions to Move• [H3] HISTORY• [H3] Movement• [H3] Music• [H3] Motivation• [H3] Metrics• [H3] Improve Your Fitness and Your Movement Health• [H3] THE LIVE EXPERIENCE• [H3] Interested in MOSSA?• [H4] Quick Contact Form• [H5] Bending• [H5] Squatting• [H5] Lunging• [H5] Walking• [H5] Ground to Standing• [H5] Rotating• [H6] Rich Boggs, Founder	H1	H2	H3	H4	H5	H6	1	13	9	1	6	1
H1	H2	H3	H4	H5	H6									
1	13	9	1	6	1									
	Afbeeldingen	We vonden 43 afbeeldingen in de pagina. 24 alt attributen ontbreken. Voeg alternatieve text toe zodat zoekmachines beter kunnen beoordelen wat het onderwerp van de afbeeldingen is.												
	Text/HTML Ratio	Ratio : 8% De ratio van text tot HTML code is below 15 procent, dit betekent dat uw pagina waarschijnlijk meer tekst nodig heeft.												
	Flash	Perfect, geen Flash content gevonden in uw website.												
	Iframe	Jammer, u heeft Iframes in uw website, dit betekent dat deze content												

SEO Content



niet kan worden geïndexeerd.

SEO Links

	Herschreven URL	Perfect. Uw links zien er vriendelijk uit!
	Underscores in de URLs	Perfect! Geen underscores gevonden in uw URLs.
	In-page links	We vonden een totaal van 60 links inclusie 0 link(s) naar bestanden
	Statistics	Externe Links : noFollow 0% Externe Links : doFollow 10% Interne Links 90%

In-page links

Ankertekst	Type	samenstelling
Find Workout	Intern	doFollow
Contact	Intern	doFollow
Mossa	Intern	doFollow
About	Intern	doFollow
History	Intern	doFollow
Careers	Intern	doFollow
Blog	Intern	doFollow
Workouts	Intern	doFollow
3D30	Intern	doFollow
Athlete30	Intern	doFollow
Group Active	Intern	doFollow
Group Blast	Intern	doFollow


In-page links

Group Centergy	Intern	doFollow
Group Core	Intern	doFollow
Group Fight	Intern	doFollow
Group Groove	Intern	doFollow
Group Power	Intern	doFollow
Group Ride	Intern	doFollow
Move30	Intern	doFollow
R30	Intern	doFollow
Work-Ins	Intern	doFollow
NIMBL Percussion	Intern	doFollow
On Demand	Intern	doFollow
Start 14 Day Trial	Extern	doFollow
Pick Your Plan	Intern	doFollow
Affiliate Program	Intern	doFollow
Clubs & #038; Facilities	Intern	doFollow
White Papers	Intern	doFollow
Webcasts	Intern	doFollow
Management eSource	Intern	doFollow
Affiliate Program	Intern	doFollow
Host a Training	Intern	doFollow
Instructors	Intern	doFollow
Live Trainings	Intern	doFollow
Online Training	Intern	doFollow
Training Calendar	Intern	doFollow
Join the Movement	Intern	doFollow
Rejoin the Movement	Intern	doFollow
Film Fest	Intern	doFollow
Instructor Resources	Intern	doFollow

In-page links

Account Update	Intern	doFollow
Assessment	Intern	doFollow
Store	Intern	doFollow
Meet Mossa	Intern	doFollow
Learn More	Intern	doFollow
Learn More	Intern	doFollow
Shop Mossa	Intern	doFollow
LEARN MORE	Intern	doFollow
2130 Newmarket Pkwy, Marietta, GA 30067	Extern	doFollow
Sitemap	Intern	doFollow
Blog	Intern	doFollow
Contact	Intern	doFollow
Country	Intern	doFollow
United States	Intern	doFollow
Australia	Extern	doFollow
Japan	Extern	doFollow
United Kingdom	Extern	doFollow
Cyprus	Extern	doFollow
Terms of Use	Intern	doFollow
Privacy Policy	Intern	doFollow

SEO Keywords

	Keywords Cloud	health demand fitness workout move members programs movement mossa body
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Keywords Consistentie

Keyword	Content	Title	Keywords	Descripti	Headings
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Keywords Consistentie

				on	
movement	33	✘	✘	✘	✔
mossa	26	✔	✘	✔	✔
move	17	✔	✘	✘	✔
health	17	✘	✘	✘	✔
fitness	14	✔	✘	✔	✔



Bruikbaarheid

	Url	Domein : <code>mossa.net</code> Lengte : 9
	Favicon	Goed, uw website heeft een favicon.
	Printbaarheid	Jammer. We vonden geen Print-Vriendelijke CSS.
	Taal	Goed. Uw ingestelde taal is en.
	Dublin Core	Deze pagina maakt geen gebruik van Dublin Core.


Document

	Doctype	HTML 5
	Encoding	Perfect. Uw ingestelde Charset is UTF-8.
	W3C Validiteit	Fouten : 0 Waarschuwingen : 0
	E-mail Privacy	Waarschuwing! Er is op zijn minst 1 e-mailadres gevonden als platte tekst. (voorkom spam!). Gebruik deze gratis antispam protector om e-mailadressen te verbergen voor spammers.
	Niet ondersteunde HTML	Geweldig! We hebben geen niet meer ondersteunde HTML tags gevonden in uw HTML.

Document

		
	Speed Tips	<ul style="list-style-type: none">✓ Geweldig, uw website heeft geen tabellen in een tabel.✗ Jammer, uw website maakt gebruik van inline styles.✗ Jammer, uw website heeft teveel CSS bestanden (meer dan 4).✗ Jammer, uw website heeft teveel JS bestanden (meer dan 6).✓ Perfect, uw website haalt voordeel uit gzip.

Mobile

	Mobile Optimization	<ul style="list-style-type: none">✓ Apple Icon✓ Meta Viewport Tag✓ Flash content
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Optimalisatie

	XML Sitemap	<p>Geweldig, uw website heeft een XML sitemap.</p> <p>https://mossa.net/sitemap_index.xml</p>
	Robots.txt	<p>http://mossa.net/robots.txt</p> <p>Geweldig uw website heeft een robots.txt bestand.</p>
	Analytics	<p>Ontbrekend</p> <p>We hadden niet op te sporen van een analytics tool op deze website geplaatst.</p> <p>Web Analytics laat u toe de bezoekersactiviteit op uw website te meten. U zou minstens 1 Analytics tool geïnstalleerd moeten hebben en een extra tool voor de bevestiging van de resultaten.</p>